



Humane Indiana

# FELINE ENRICHMENT

## FOOD DISPENSING TOYS



Normal cat behaviors include running, exploring, digging, scratching, and hunting. However, many home settings do not provide adequate outlets for these instinctual behaviors which results in problem behaviors and frustrated adopters. Feline enrichment provides easy ways for us to give cats outlets for these behaviors and reduce issues in the home. It also helps make for an overall happier and healthier kitty. This list is not exhaustive and there are many more fun enrichment ideas you can use for your cat, simply Google "cat enrichment." It is important to remember that you should always supervise your cat when you give enrichment to ensure that your cat interacts with it safely.

### TOILET PAPER ROLL ENRICHMENT

Take an empty toilet paper roll and close off one of the end by folding it. Then place some food or treats inside and fold the other end shut. Poke some holes throughout the roll just large enough so that the food can fall out when battled around.

### TISSUE PAPER ENRICHMENT

Place some treats or catnip into a small piece of tissue paper and then crinkle up. Give to your cat as a fun new texture and also so they can figure out how to get the treats/catnip out. This also works well with small pieces of newspaper

### PIZZA BOX ENRICHMENT

Take an empty pizza box and cut some holes in the lid just large enough for the cat to stick their paws into. Place treats or food in the box and close the lids so that the cat has to fish the food out.

### PIPE CLEANER ENRICHMENT

Take pipe cleaners and wind them into spirals. You can either attach the pipe cleaner to a handle or object or you can toss it on the ground for them to bat it around.

### PAPER BAGS

A simple paper bag with some catnip or treats sprinkled inside can be a lot of fun for your cat. The bag itself provides a novel hiding place and texture and the catnip and treats make the item more enticing.

### MILK CAPS/WINE CORKS

While these items may seem like trash to us, they can be lots of fun for your cat to bat around and chase. Simply toss them on the floor!